

MOMS Club® of Hebron  
Newsletter  
July 2014



Dear MOMS,

I don't know about you, but this summer seems to be flying by! So much to do and so little time!

Last month I took my girls to the splash pad in Colchester for some water fun. We got there, and I had a really strange experience. All of the tables were taken and not one of the moms even sent a smile in my direction, making me think that I might be welcome to put my stuff down somewhere. I was holding a decent amount of stuff and decided I would lean up against the wall for a while in the sun, watching the other moms sit under the umbrellas. Finally, one of the moms left her perfect table in the shade, and I swooped in. But I was alone, and determined not to give off the same vibe. So the next three moms that came into the splash pad and leaned up against the wall, I walked over and asked them with a huge smile if they would like to join me at my table. I certainly didn't need an entire shady table for myself. Two of the moms insisted they were fine sitting on the pavement in the blazing sun. The third mom was totally taken aback and was thrilled to come sit with me. She asked me about local activities and it turns out she was from out of state and staying somewhere in Lebanon.

When I got up to leave, one of the moms who had said no to sitting with me came rushing over to claim my spot. I told her she could have come over to sit at any time and that I did not need a whole table to myself. She insisted she had been fine and just wanted my perfect seat in the shade.

On my drive home, I started thinking about this experience. Perhaps being part of the MOMS Club has really spoiled my views on how moms treat each other. There really aren't that many places I go with the kids locally that I don't bump into someone that I know. Is that why I haven't felt that alienated in a long time? Was that just not my home turf? Or are things different in different towns?

Thinking about that experience led me to thinking about our club and how I still have members asking me who so-and-so is. We should probably all at least be able to recognize each other around town and send a friendly smile, right? We grew a lot last year, which is great! I challenge you to look at the roster and pick one (if not two) people you wouldn't recognize and start up a conversation! Invite them out for coffee, or just get to know each other a bit through email or Facebook. We are here as support for each other and it is hard to give support if you don't even know your fellow members... You will see that the board has taken a different approach this month with activities. We have not planned many official activities, but instead are putting some of the pressure on you. Please post your impromptu outings! Going to the beach and looking for company? Heading to KidCity and want a playmate? Just post it! Chances are, someone will want to join you. I know I've got plans to go places this month, and I would be happy to have company. We also did not plan an official coffee and chat, in hopes that you will reach out and meet someone new!

Come to MOMS Night Out this month and connect with us. Come to the Monthly Social and meet one of our own moms in business for herself. Check out the MOM Interview to get to know a couple of our newest members. I can write until I'm blue in the fingers, but unless you guys take action, we won't get anywhere new. Thank you!

-Susan Smith

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## \*NEW\* Family Day

We are going to try adding a Family Day to the calendar each month as a way to involve the whole family in activities. This month, come join us for a trip to Gillette's Castle. We will ride over on the ferry. Bring a picnic lunch and we can hike and picnic.

Sunday August 10th  
11:00 am

## Save the Date!

The last night that the winery is open for the season is September 5th. We are planning a Couple's Night Out that night for a last hurrah of the season. We know this is still August, but keep your September calendars open!



## August Monthly Social

August 14th, 10:30 am

Columbia Rec Park

Jenn will be coming to tell us about her Herbalife business and how you can sign up. She will be bringing sample shakes and all the information you need. Check it out!

Plus we will be having a Return Your Tupperware party. Please bring something yummy to eat on any dishes you may have laying around your house that don't belong to you. Hopefully the owner will recognize her plate and take it home when the treats are gone.

## MOM'S Night Out

August 21, 7:00 pm

Lori's house

Lori is inviting us all to her house for a bonfire this month. Let's make s'mores and hang out!



## Summer Reading Programs

The local libraries will be offering summer reading programs for kids starting at the end of June. Be sure to check out their websites for more details. The Columbia Library has programs for kids of all ages, including babies this year, and for grownups too! The Hebron Library has some fun programming scheduled as well.

<http://douglaslibrary.org/children/summer-reading-program/>

<http://www.columbiactlibrary.org/childrens/summer-reading/>

<http://adpl-verso.auto-graphics.com/WelcomePages/SplashPage2.aspx?cid=ADPL&targetLibPK=9159&lid=ADPL>

August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Uconn Dairy Bar 10:00 am- Visit the Animals 11:00 am-Go to Dairy Bar for ice cream	6	7	8	9
10 Family Day 11:00 am Gillette's Castle	11	12 Library Group 4:30-5:15 pm Colchester Library	13	14 Monthly Social 10:30 am Rec Park	15	16
17	18	19	20	21 MOMS Night Out 7:00 pm Lori's house	22	23
24	25	26 Playdate ages 3-6 3:00 pm Michele's house  Library Group 4:30-5:15 pm Hebron Library	27 Board Meeting 10:30 am	28	29	30
31						

See our Facebook page for all event invites and details. If you are having trouble seeing the details or don't use Facebook, please just email us! If you'd like last minute updates emailed to you (ie weather, date changes, etc), let us know.

<p style="text-align: center;">Hebron Library Story Times</p> <p style="text-align: center;">10:00am Tuesday 2-3 yr old</p> <p style="text-align: center;">1:00pm Wednesday 0-5 yr old</p> <p style="text-align: center;">10:00am Baby and Me Laps Program 0-2 yr old</p>	<p style="text-align: center;">Andover Library Story Times</p> <p style="text-align: center;">1:30pm Wednesday</p> 	<p style="text-align: center;">Columbia Library Story Times</p> <p style="text-align: center;">10:30am Tuesday</p> <p style="text-align: center;">1:30pm Wednesday</p> <p style="text-align: center;">10:30am Friday Parent Child Meet-up</p>
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# Getting to Know You

## MOM Interviews



### Get to know Christine Spósito:

1. **Where did you grow up?** Beacon Falls, CT
2. **Who else lives with you in your house?** HUSBAND- Mike and SON -Michael (and one on the way :)) - DOG -Precious and BIRD- Armond
3. **Where did you go to college or high school?** Undergrad college was at Saint Joseph College in West Hartford and Masters Dregree is from Southern CT ST Univ.
4. **What is/was your job?** - Special Education teacher for middle school Life Skills program. And on the side- Advocate for students with special needs and providing education to parents about the special education process, including setting up home programs.
5. **What are your travel wishes and/or plans?** My plan is to travel more in general. :-) - cruise, Las Vegas, cross country and more!
6. **What are your hobbies and interests?** - playing soccer, working out, gardening, couponing, playing cards,(maybe starting a moms poker night???)
7. **What's the one word you use the most?** This is a really hard one for me-probably- my son's name, "MICHAEL" lol!!!
8. **If you could spend one day totally kid-free, what would you do? (Yes we all love our kids, but admit it, you have a plan in case this ever happens. :) )** I actually had to really think about this- I have never been a fan of doing things on my own so I would love it if a few of friends were "kid-free" at the same time and maybe go to the beach. I can't remember the last time I was able to actually fall asleep in my beach chair.
9. **What's one thing (or two) you'd like the group to know about you?** I can be stubborn and very outspoken when I am passionate about something- (mainly anything that has to do with my job(s)). I dislike it very much when I hear people throw around the word "retarded".
10. **What has the MOMS Club done for you?** It has helped me feel like I "belong" in this town. I moved here 4 years ago and have felt a little lonely and "out of the loop", for lack of a better phrase, until I joined. It has helped my son meet new friends and I hope this will help him transition into kindergarten easier. I want to thank the MOMS club for welcoming me even though I am a working parent.

## Member Birthdays

August 15  
Katie Christenson

August 31  
Heather Franzese





## Get to know Katie Christenson:

1. **Where did you grow up?** Waterford and East Lyme, CT.
2. **Who else lives with you in your house?** My husband Jack and our "almost" 2 year old Gunnar.
3. **Where did you go to college or high school?** East Lyme High School and Western New England College where I majored in Psychology.
4. **What is/was your job?** I am a Clinical Site Manager for Bristol-Myers Squibb in Wallingford. I manage the US sites that take part in our oncology clinical trials.
5. **What are your travel wishes and/or plans?** To do it more!
6. **What are your hobbies and interests?** I love to read, go to the beach and take Gunnar to new places. And oh yes, cocktails. That counts as an interest, right?
7. **What's the one word you use the most?** Super.
8. **If you could spend one day totally kid-free, what would you do? (Yes we all love our kids, but admit it, you have a plan in case this ever happens. :)**  
) Copious amounts of shopping, lunch out and a pedicure while reading a trashy magazine.
9. **What's one thing (or two) you'd like the group to know about you?** I am not as funny as I think I am.
10. **What has the MOMS Club done for you?** Introduced me to some awesome ladies and their kids and forced me to check out local areas.

## Kid Birthdays

August 8  
Ryan G.

August 12  
Jayson



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## Get to know Jillene Smith:

1. **Where did you grow up?** I grew up here in Columbia! In the house I live in now!

2. **Who else lives with you in your house?** I live with my husband Justin, daughter Illiana, and my mom Gina.

3. **Where did you go to college or high school?** I went to Lyman memorial high school in Lebanon, and went to Three rivers community college in Norwich.

4. **What is/was your job?** Right now my job is stay at home mom, my most recent job was serving at 99 restaurant, but most of my job experience was in retail. And I'm possibly looking for a job in the near future!

5. **What are your travel wishes and/or plans?** As far as traveling, I would go almost anywhere! I love to explore and experience new places! Italy is probably #1 on the list, and Disney World with Illiana is a close second!

6. **What are your hobbies and interests?** My biggest interests are dance (all kinds), healthy eating (something I've been working on), and wine :)! My hobbies are crafting with Illy, gardening and learning about more healthy alternatives for all sorts of things!

7. **What's the one word you use the most?** I honestly can't think of what one word I use most, maybe it's the phrase "I love you" since I tell my husband and daughter a million times a day that love them :)

8. **If you could spend one day totally kid-free, what would you do? (Yes we all love our kids, but admit it, you have a plan in case this ever happens. :) )** One day totally without Illy would look like this: I would sleep in, meditate, eat whatever I wanted without the "can I have some?" Or " why can't I have ice cream for breakfast?"!! I would enjoy alone time with my husband out in the woods somewhere. And spend the night with friends drinking wine!!!

9. **What's one thing (or two) you'd like the group to know about you?** I'm laid back, open to new stuff, a little shy, and in need of friendship! Also my husband works weekends so if anyone else is in the same situation, or not, and wants to get together on the weekends too please let me know!

10. **What has the MOMS Club done for you?** I haven't been a member for that long but I have met a few new people and found some new things to do with Illiana! I can't wait to meet more moms and see what else the club has to offer!

Look for an interview coming your way in the future!

# Pineapple Zucchini Bread

Makes 2 Loaves

***With zucchini in season, you will find it easy to get your hands on a fresh one for this recipe. I made this last year, but I'm not sure if this is the exact recipe I used. But if not, it is pretty close. And it was delicious! -Susan***

2 cups granulated sugar	2 teaspoons baking soda
1/2 cup applesauce	1 1/2 teaspoons ground cinnamon
1/2 cup oil	1 teaspoon salt
3 eggs	1/4 teaspoon baking powder
2 teaspoons vanilla extract	2 cups shredded zucchini, water squeezed out
3 cups all-purpose flour	One 8-ounce can crushed pineapple, well drained

Preheat the oven to 350 degrees. In a medium mixing bowl add the sugar, applesauce, oil, eggs, and vanilla. Stir to combine. Sprinkle the flour across the top of the wet ingredients and then sprinkle the baking soda, cinnamon, salt, and baking powder across the top of the flour. Stir everything together just until combined. Add the zucchini and pineapple and stir to incorporate. Pour the batter into 2 greased bread pans and bake until the center is set and a toothpick inserted comes out clean, around 50 minutes to one hour.

## Notes:

The pineapple adds a lot of sweetness and moisture to the bread. It is delicious!

If the pineapple is not drained well or the zucchini left with all of its water then the bread will come out gummy. To get the extra moisture out of the zucchini place the shredded zucchini on top of two stacked paper towels and then press on it with two more stacked paper towels.

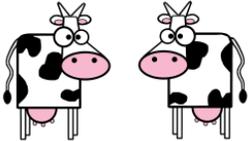
You can sub the white flour for whole wheat (I did and loved it – still just as moist), just pump the baking powder up to 1/2 teaspoon if using whole wheat flour.



*Borrowed from Pinterest, as always.*

<http://www.blessthismessplease.com/2012/08/zucchini-pineapple-bread-and-giveaway.html>

# Community Happenings

 <p><b>ANDOVER FRIENDS OF THE LIBRARY FUNDRAISER</b></p> <p><b>SUNDAY AUGUST 24<sup>TH</sup></b> <b>4:00PM – 7:00PM</b></p> <p><b>SUBWAY RESTAURANT</b> <b>AT XTRA MART ON RT. 6 IN ANDOVER</b></p> <p><b>SUBWAY WILL DONATE 50% OF ALL SALES TO THE LIBRARY FRIENDS.</b></p> <p><b>STOP BY AND PICK UP YOUR SUBWAY SANDWICH AND HELP SUPPORT YOUR LIBRARY FRIENDS</b></p>  <p>Subway Melt®    Sweet Onion Chicken Teriyaki    Turkey &amp; Bacon Avocado    Bacon, Egg &amp; Cheese with Avocado Steak &amp; Cheese    Roast Beef    Chicken &amp; Bacon Ranch Melt    The Big Philly Cheesesteak</p> <p>For more information contact Friends President, Janice Bazzani at <a href="mailto:andoverfol@gmail.com">andoverfol@gmail.com</a> or (860) 742-7428</p>	<p>Farm Day</p> <p>Fish Family Farm</p> <p>Bolton, CT</p> <p>Saturday, August 30th</p> <p>9:00 am</p> <p>Children of all ages will love the farm animals, hayrides, games, live musical performances, vendor market, and ALL THE ICE CREAM YOU CAN EAT!!! All proceeds help to support educational programming at the Lutz Children's Museum. All parking will be off-site with free shuttle service.</p> 
<p><b>Kid's movies</b></p> <p>\$1 each</p> <p>Buckland Hills 18+ Imax</p> <p>All showtimes 10:00 am</p> <p>8/6-7 Rio 2</p> <p>8/13-14- Mr. Peabody and Sherman</p> <p>8/20-21 Alvin and the Chipmunks</p>	<p><b>Barnes and Noble Summer Reading and Free Storytimes</b></p> <p>Barnes and Noble also offers free storytimes and a summer reading program. Check the website or stop by the store for a complete schedule. If you can't get into the store, be sure to check out their online story times, which are available whenever you want!</p> <p><a href="http://store-locator.barnesandnoble.com/storelocator/stores.aspx?pagetype=eventlist">http://store-locator.barnesandnoble.com/storelocator/stores.aspx?pagetype=eventlist</a></p> <p><a href="http://www.barnesandnoble.com/u/online-storytime-books-toys/379003588/">http://www.barnesandnoble.com/u/online-storytime-books-toys/379003588/</a></p>



Log on to the MOM'S Club International Website for loads more info about your membership!

Momsclub.org

Username: mommy

Password: daytime support

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